

ABSTRACT

Keywords: Self Directed Learning, Student Engagement, Work Engagement, Academic Performance.

Students' interest in technology has grown as Internet-enabled mobile devices and other media have proliferated. The relationship between media and technology use and academic accomplishment, as well as other metrics like student participation and self-directed learning, are therefore of interest to the research community. Improving students' self-regulation abilities is preferable than prohibiting or restricting technology use if lack of self-control and technology-enabled multitasking behavior are indicators of academic achievement.

Additionally, a specific sort of media and technology has been the focus of the majority of studies in the literature. Few studies have looked at the connection between different types of technology and academic success. Furthermore, it is unclear how exactly different media forms influence academic success. It follows that more investigation is required into the effects of various media and technological consuming practices on academic achievement. This quantitative study aims to explore the relationship between academic achievement and media and technology use among university students.

This study explores the relationship between student engagement and self-directed learning and this impact.